



## Coaching Agreement in Exchange of Donation to Canadian Spondylitis Association

Sir / Madam,

First of all, I would like to thank you for your generous contribution to the Canadian Spondyloarthritis Association in exchange for 3 hours of coaching by coaches trained at Mobius Coaching and Management (Mobius). This contribution will be used for research, to support people suffering from the disease and to raise awareness of this unknown and difficult to diagnose disease.

It is with pride that I join this initiative launched by Dr. Elie Karam, Spondyloarthritis (SpA) warrior, resident in orthopedic surgery, and trained in coaching by Mobius. My participation, as a coach, in exchange for your contribution, is motivated by my desire to support this organization and also by my desire to raise awareness of professional coaching and its practitioners in the business world and in the health world.

The coaching referred to in this agreement uses the heat of the moment to learn and concretely develop in the coachee the capacities he needs to perform and also to promote individual and organizational well-being. The reflective and creative space that a management coach offers through discussion, promotes the emergence of realistic and innovative solutions and at the same time, facilitates personal and professional development.

It is important to emphasize that the coaching offered here cannot be considered as therapy. If therapeutic or psychotherapeutic support was required, I would rather invite you to consult a professional specialized in this regard.

By signing this coaching agreement, we agree together that the reflections, results or actions related to this coaching type support, in no way engage the responsibility of the coach, the Canadian Spondylarthritis Association or Mobius coaching and management, and that in no way can this support be considered therapy or psychotherapy. Furthermore, since the coachee is responsible for their development and results, I invite you to be open, curious and active in order to benefit as much as possible from the learning process that is coaching.

In addition, as I must keep a register of my coaching activities for the purposes of my recognition as a professional coach with a certifying body, particularly the International Coaching Federation (ICF) and, considering that no other use will be made of this register, I ask you to authorize me hereby to register your contact details and our coaching time in this register and to inform the certifying body that requires it, this authorization remaining valid until further notice from your part in writing.

Thank you again and be assured of my commitment to support you in your development and the achievement of your goals. Also, be assured of the confidentiality of our conversations.

In witness whereof, by way of acceptance of the foregoing, we sign, this \_\_\_\_\_ day of the month of \_\_\_\_\_ 2021, at \_\_\_\_\_, Qc, Canada.

\_\_\_\_\_

Coach Name :

\_\_\_\_\_

Coachee Name :